

Treatment RESOURCE GUIDE



NH DEPT. OF HEALTH AND HUMAN SERVICES

NHBDAS

BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery

NH Department of Health and Human Services

Division for Behavioral Health

Bureau of Drug and Alcohol Services

dhhs.nh.gov/dcbcs/bdas/index.htm

drugfreenh.org

Call 603.271.6738 or 800.804.0909 (toll-free in NH)

This Treatment Resource Guide provides a listing of state-funded alcohol and drug misuse treatment programs and opioid treatment programs supervised by the state. For statewide referrals and information, dial 2-1-1.

“To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.”

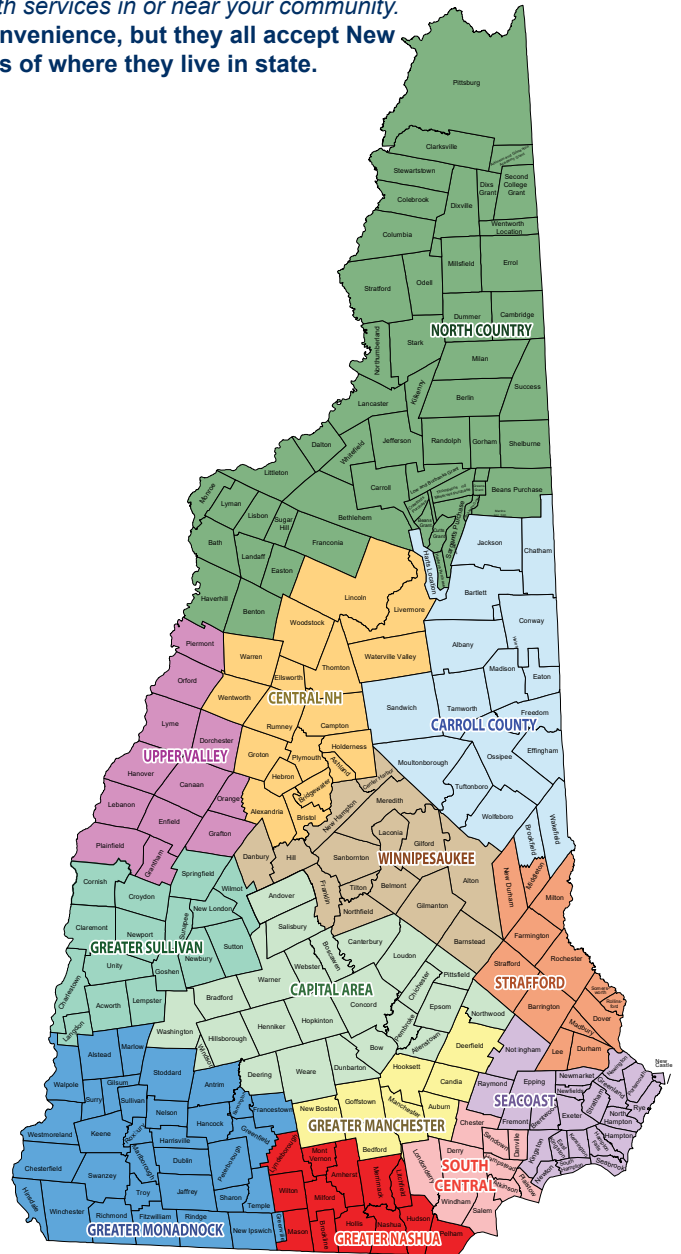
NHBDAS Mission

Contents

By location

Every community in New Hampshire is included in a Regional Public Health Network System. Turn to the page associated with your region or click the map on the PDF to automatically access the correct page with services in or near your community.
Providers are listed by location for convenience, but they all accept New Hampshire residents regardless of where they live in state.

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This Treatment Resource Guide provides a listing of state-funded substance use disorder as well as opioid treatment programs.

Substance use disorders (SUDs) are preventable and treatable, and the state has implemented a comprehensive and lasting response to address this epidemic.

Additional resource guides for Prevention and Recovery are also available. To receive an electronic version of this guide or read others, please visit:

dhhs.nh.gov/dcbcs/bdas/guide.htm



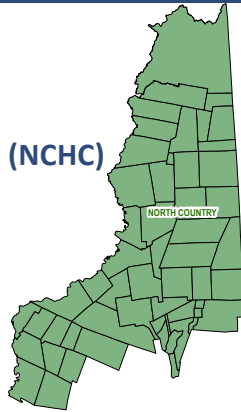
Treatment Facilities by Locations

NORTH COUNTRY

BETHLEHEM

North Country Health Consortium (NCHC)

2957 Main Street
Bethlehem, NH 03561
Phone: 603-869-2210
Website: nchcnh.org
Outpatient: OP, IOP
Residential: TL, LI, HI



CENTER CONWAY

North Country Health Consortium (NCHC)

1620 East Main Street
Center Conway, NH 03813
Phone: 603-259-3700
Website: nchcnh.org
Outpatient: OP, IOP

BERLIN

North Country Health Consortium (NCHC)

610 Sullivan St. Suite 303
Berlin, NH 03570
Phone: 603-259-3700
Website: nchcnh.org
Outpatient: OP

WOODSVILLE

North Country Health Consortium (NCHC)

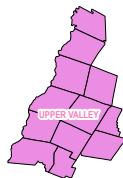
6 Church St.
Woodsville, NH 03785
Phone: 603-259-3700
Website: nchcnh.org
Outpatient: OP

UPPER VALLEY

West Lebanon

Acadia Healthcare

254 Plainfield Road
West Lebanon, NH 03784
Phone: 603-298-2146
Outpatient: OTP



LEBANON

Headrest

14 Church St,
Lebanon, NH 03766
Phone: 603-448-4400
Residential: LI

Alice Peck Day Hospital

10 Alice Peck Day Dr,
Lebanon, NH 03766
Phone: 603-448-4400
Outpatient: OP, IOP

West Central Services, Inc.

85 Mechanic Street
Lebanon, NH 03766
Phone: 603-448-5610
Website: wcbh.org
Outpatient: OP

GREATER SULLIVAN

Claremont

West Central Behavioral Health

251 Elm Street
Claremont, NH 03603
Phone: 603-690-9080
Outpatient: OP, IOP



WINNIPESAUKEE AREA

FRANKLIN

New Season

880 Central Street, Suite 10
Franklin, NH 03235
Phone: 540-820-7246
Website: newseason.com
Outpatient: OTP

Farnum Center North

Ray House (women)

14 Holy Cross Rd.
Franklin NH 03235
Phone: 603-263-6287
Website: farnumcenter.org
Residential: HI



Webster Place (Men)

27 Holy Cross Rd.
 Franklin, NH 3235
 Phone: 603-622-3020
 Fax: 603-0934-9815
 Website: farnumcenter.org
 Outpatient: OP (men and women), IOP, PH
 Residential: HI, OP, IOP, PH

STRAFFORD COUNTY AREA**DOVER****Southeastern NH Alcohol and Drug Abuse Services**

272 County Farm Road
 Dover, NH 03820
 Crisis Center: 603-516-8181
 Phone: 603-516-8160
 Fax: 603-749-3983
 Website: www.senhs.org
 Outpatient: OP, IOP
 Residential: LI, HI

ROCHESTER**Hope on Haven Hill**

P.O. Box 1272
 Rochester, NH 03867
 Phone: 603-841-5353
 Website: hopeonhavenhill.org
 Outpatient: OP, IOP
 Residential: SPOD, PPW, LI, HI

SOMERSWORTH**Healthcare Resource Centers**

200 Route 108,
 Somersworth, NH 03878
 Phone: 603-953-0077
 Outpatient: OTP

CAPITAL AREA**CONCORD****New Season**

100 Hall Street
 Concord, NH 03301
 Phone: 603-229-4260
 Website: newseason.com
 Outpatient: OTP

**GREATER MANCHESTER****MANCHESTER****Acadia HealthCare**

20 Market Street
 Manchester, NH 03104
 Phone: 603-622-4747
 Outpatient: OTP

New Season

228 Maple Street
 Manchester, NH 03103
 Phone: 603-622-5005
 Website: newseason.com
 Outpatient: OTP

Dismas Home of NH, Inc., (Women)

102 Fourth Street
 Manchester, NH 03102
 Phone: 603-782-3004
 Website: dismashomenh.org
 Residential: TL, LI

Families in Transition-New Horizons

293 Wilson Street
 Manchester, NH 03103
 Phone: 603-641-9441 ext 401
 Fax: 603-935-8270
 Website: fitnh.org/familywillows
 Outpatient: OP, IOP
 Residential: TL (women), SPOD

Families in Transition-New Horizons (Men)

15 Brook Street
 Manchester, NH 03103
 Phone: 603-641-9441, ext. 271
 Fax: 603-232-0413
 Website: fitnh.org/familywillows
 Residential: TL

Farnum Center

140 Queen City Avenue
 Manchester, NH 03101
 Phone: 603-622-3020
 Fax: 603-621-4295
 Website: farnumcenter.org
 Residential: HI, WM

Farnum Center

700 Lake Avenue
 Manchester, NH 03101
 Phone: 603-622-3020
 Fax: 603-621-4295
 Website: farnumcenter.org
 Outpatient: OP, IOP, PH, MAT

SEACOAST**NEWINGTON****Healthcare Resource Centers**

177 Shattuck Way
 Newington, NH 03801
 Phone: 603-436-0448
 Outpatient: OTP

SEABROOK**Seacoast Youth Services**

867 Lafayette Road
 Seabrook, NH 03874
 Phone: 603-747-3332
 Website: seacoastyouthservices.org
 Outpatient: IOP (Adolescent)

GREATER MONADNOCK**DUBLIN****Phoenix House Comprehensive
Addiction Treatment Services**

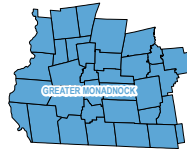
3 Pierce Road
 Dublin, NH 03444
 Phone: 603-563-8501 option 1
 Website: phoenixhouse.org
 Residential: LI, HI, WM

KEENE**Phoenix House Comprehensive Addiction
Treatment Services**

106 Roxbury Street
 Keene, NH 03431
 Phone: 603-358-4041 option 1
 Website: phoenixhouse.org
 Outpatient: PH, OP, IOP, WM

SWANZEY**New Season**

1076 Old West Swanzey Road
 Swanzey, NH 03446
 Phone: 603-358-0050
 Website: newseason.com
 Outpatient: OTP

**GREATER NASHUA****NASHUA****Greater Nashua Mental Health Center**

100 West Pearl Street
 Nashua, NH 03060
 Phone: 603-889-6147
 Website: gnmhc.org
 Outpatient: OP, IOP

**Greater Nashua Council on Alcoholism: Keystone Hall
Partnership for Successful Living (PSL)**

615 Amherst Street
 Nashua, NH 03063
 Phone: 603-881-4848
 Fax: 603-598-3644
 Website: keystonehall.org
 Residential: TL, LI, HI, MAT, PPW, WM

**Greater Nashua Council on Alcoholism: Cynthia Day
Family Center (PSL)**

615 Amherst Street
 Nashua, NH 03063
 Phone: 603-881-4848
 Fax: 603-598-3644
 Website: keystonehall.org
 Residential: HI, LI, PPW

**Greater Nashua Council on Alcoholism Open Doors
Program (PSL)**

77 NE BLVD
 Nashua, NH 03060
 Phone: 603-881-4848
 Fax: 603-595-7414
 Website: keystonehall.org
 Outpatient: SPOD

Greater Nashua Council on Alcoholism (PSL)

Outpatient Programs
 45 High Street
 Nashua, NH 03060
 Phone: 603-821-7788
 Fax: 603-821-5620
 Website: keystonehall.org
 Outpatient: IOP, PHP, OP, MAT, WM

HUDSON**Healthcare Resource Centers**

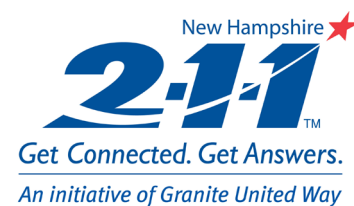
323 Derry Road
 Hudson, NH 03051
 Phone: 603-595-3399
 Outpatient: OTP



Description of Services

OUTPATIENT

- **Outpatient:** Outpatient (OP) programs typically require regular counseling services at a clinic or facility and allow clients to return to their homes or other living arrangements during non-treatment hours.
- **Medication-Assisted Treatment:** Medication-Assisted Treatment (MAT) combines behavioral therapy and medications to treat substance use disorders.
- **Intensive Outpatient:** Intensive Outpatient (IOP) programs typically provide participants with a minimum of nine hours for adults and six hours for adolescents. An IOP may be structured for individual and / or group services and activities, according to an individualized treatment plan.
- **Opioid Treatment Programs:** Opioid Treatment Programs (OTPs) offer treatment for people diagnosed with an opioid-use disorder using the medication methadone or other FDA approved medications. The State of New Hampshire works closely with OTPs, but does not contract with them to provide services.
- **Outpatient Withdrawal Management:** Outpatient Withdrawal Management (OWM) is often provided by a physician's office, substance use disorder treatment facility, or by home health care agency. Although the service is medically supervised, clients are permitted to return to their homes or other living arrangements during non-treatment hours. It is important that clients are motivated for treatment and have adequate in-home and community supports.
- **Partial Hospitalization:** Partial hospitalization (PH) is a combination of 20 or more hours per week of group and individual sessions in conjunction with medical and psychiatric services, psychopharmacological services, medication-assisted treatment, and recovery support services.



RESIDENTIAL

- **Low Intensity:** Low-Intensity (LI) residential treatment is designed to prepare clients to become self-sufficient in the community. Services include at least five hours of clinical services per week. Adult residents typically work in the community and may pay a portion of their room and board.
- **High Intensity:** High-Intensity (HI) residential treatment is designed to assist individuals who require a more intensive level of service in a structured setting including individual and/or group counseling, educational sessions, psychiatric, medical and medication management, as needed.
- **Pregnant & Parenting Women:** Pregnant & Parenting Women (PPW) treatment is specifically designed for expectant and parenting women with residential facilities that have been developed using a family-centered approach, and many times allow mothers to care for their young children on-site.
- **Withdrawal Management:** Residential Withdrawal Management (WM) is designed for clients who require 24-hour monitoring of their withdrawal symptoms, a structured, safe environment, and ongoing clinical and / or medical supervision. The length of stay is determined by an individual's needs and the severity of his or her withdrawal symptoms.
- **Residential Medication-Assisted Treatment:** Residential Medication-Assisted Treatment (RMAT) combines behavioral therapy and medications to treat substance use disorders in a supervised clinical facility.
- **Specialty Open Doors Program:** The Open Doors Program (SPOD) provides a range of services – including residential treatment services, outpatient treatment with supportive housing services, outpatient treatment with housing stabilization services, weekly individual or group counseling, case management and wrap-around services – to assist families reduce and remove barriers preventing them from fully participating in the work force and in the larger community.
- **Transitional Living Services:** Transitional Living Services provide residential substance use disorder treatment services according to an individualized treatment plan designed to support individuals as they transition back into the community. Transitional Living services must include at least three (3) hours of clinical services per week. The maximum length of stay in this service is six (6) months. Adult residents typically work in the community and may pay a portion of their room and board.

Online Resources

The Doorways — NH

Whether you are seeking help for yourself or a loved one, or are simply looking for information on resources related to substance misuse, <http://thedoortway.nh.gov> is the right place. Doorways NH will direct you to the help you need, from screening to treatment including medication-assisted treatment, to recovery supports.

Web: <http://thedoortway.nh.gov>

2-1-1 NH

2-1-1 NH is the connection for New Hampshire residents to the most up to date resources they need from specially trained Information and Referral Specialists.

Web: <https://211nh.org>

New Hampshire Recovery Hub

A resource for people who are curious about, entering, or sustaining recovery from substance use disorders.

Web: <http://nhrecoveryhub.org>

The Recovery Friendly Workplace Initiative

Promotes individual wellness for Granite Staters by empowering workplaces to provide support for people recovering from substance use disorder.

Web: <https://recoveryfriendlyworkplace.com>

Emergency Contacts

In the event of an **OVERDOSE**

CALL 911

Visit nhrecoveryhub.org or dial 2-1-1 to ask for the overdose reversal medication

Narcan:

NEW HAMPSHIRE
recovery hub

All state-funded recovery community organizations and regional Doorways provide the **opioid overdose reversal medication Naloxone.**

If you are experiencing a SUD-related crisis, dial:

New Hampshire 

2-1-1

Get Connected. Get Answers.

An initiative of Granite United Way



THE DOORWAY
thedoortway.nh.gov

Are you or is someone you know pregnant and worried about drugs and alcohol?

WE CAN HELP!



Visit dhhs.nh.gov/dcbcs/bdas/pregnant-suds.htm for a list of state-funded providers