

CRISIS INTERVENTION

WHAT IS AN INTERVENTION?

An intervention is provided by one or more people and is designed to motivate someone to seek professional help. It is a structured process where family members, co-workers, and friends can participate to collectively encourage a loved one to consider entering treatment. An interventionist is a certified professional who will support, educate, train, guide, and facilitate the intervention process and aftercare.

AN INTERVENTION IS NOT:

A therapy session or a time to make people feel bad about their behavior or the consequences of behavior.

EMPLOYER PROMPTED INTERVENTIONS:

An intervention can be a very compassionate and cost-effective way to retain a valued employee, while guiding them toward treatment and recovery. When led by employers, interventions may include peers, coworkers, and supervisors. Interventions can be successful when conducted in a confidential and professional manner.



HOW DO I SET IT UP?

Try to request an intervention at least one month in advance to provide ample time to notify family members wanting to attend. Call our office to start the process 603-532-9888 or or fill in the form at: realitychecknow.org/information

Interventions can be held at your workplace or in our offices

HOW DOES THIS HELP MY EMPLOYEES?

When an employee is in crisis or has experienced many negative things in their life, it is a key indicator that they may need significant intervention, support, and guidance from professionals.

Partnering with Reality Check can provide you with the tools to effectively support your employees while getting them the help they need to improve and rebuild their life circumstances.